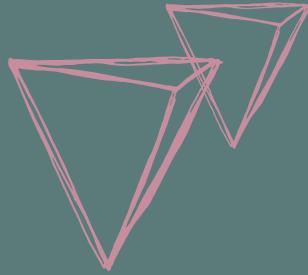




CORPORATE SPEAKERS

TOPICS

- Embracing Uncertainty & Change
- Resilience
- Stress Management
- Self Care/Work-Life Balance



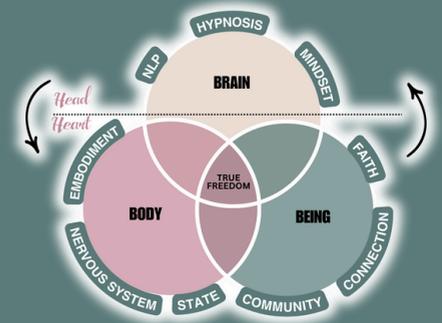
SISTERS ON A MISSION

We are Diane and Michelle. Yes we are REAL SISTERS on a mission to ignite change!

Diane, a former athlete and overachiever... Michelle, an ex Police Officer and Science degree holder.

Together we are here to support your team to connect with themselves and each other so that they can increase their resilience and reduce burnout in your workplace.

We use our signature "Brain Body Being" model to have people completely change their outlook on work and stress.



We have grappled with doubt, stress and fear ourselves - Michelle, a single mother lost her policing job after 23 years (after not getting vaccinated) and Diane's husband lost his international airline pilot job at the same time.

Our journey is a testament to the resilience found in embracing fear and surrendering to possibility.

We have charisma, energy and spark. We specialise in "people" and quickly build rapport and connection with your teams. We are fun but get sustainable change - QUICKLY.

We will not only bring some balance to your staff, but everyone will leave with a smile and a spring in their step!

LESS Stress MORE Smiles



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connect@those2sisters.com

TESTIMONIALS



Vanessa Norman

Founder and CEO | Virtual Assistant Agency



Client Testimonials

We've been working with Michelle and Diane from Those2Sisters over the past 12 months on a number of levels with one on one sessions for myself, half day workshops with our management team, and monthly hour of Power sessions with our entire team at our staff meetings.

I originally asked Diane and Michelle to work with our organization to assist with staff retention and to help uplift the culture within the team. We have, however gained so much more than that!

I can't thank Michelle and Diane enough for all the work they have done with our team.



Andrew Middlin

CEO | Formulae Albury



Client Testimonials

Thanks for coming down to Albury and training our team here at Formulae. They really enjoyed the session - so much that they have asked to have you back!

They enjoyed getting to know their why for coming to work and particularly loved connecting with each other on a deeper level. I am keen to get you back to for some more training in the next month or two.



Phoebe Dray

Founder & CEO | Cashflow Pocket Rocket



Client Testimonials

I attended the Energetics of Life and Business Retreats this year. Both were transformative and life changing.

From attending the retreats, my personal and business growth has catapulted to whole new levels. As I've personally grown working with Di and Michelle over the past 14 months, my income from my business has also reflected this change.



[Click here to watch](#)