



# CORPORATE SPEAKERS

## TOPICS

- Embracing Uncertainty & Change
- Goal Setting with Soul
- Resilience
- Stress Management
- Burnout Prevention



MICHELLE

DIANE

## SISTERS ON A MISSION

We're Diane and Michelle. Yes—we really are sisters. And we're on a mission to ignite change.

Diane, a former elite athlete and serial overachiever.  
Michelle, an ex-police officer with a Science degree and a deep understanding of human behaviour.

We know what it feels like to have life shake the foundation beneath you.  
When Michelle lost her 22-year policing career (as a single mum) and Diane's husband lost his international airline pilot job in the same week, we were forced to face uncertainty head-on—and carve a new path forward.

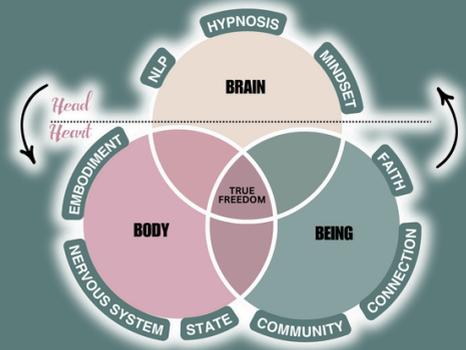
That journey became the foundation of what we now share with audiences across Australia and beyond.

Using our signature Brain-Body-Being™ Model, we help teams shift from overdrive to ownership—from just coping, to consciously creating a life and career that feels aligned, energised, and sustainable.

We speak on mindset, wellbeing, personal leadership, and emotional resilience—delivering powerful sessions that bring both grounded strategy and heartfelt inspiration.

Our sessions are engaging, high-energy, and deeply human. Whether it's a keynote, a corporate workshop, or a leadership retreat—your audience will leave recharged, refocused, and ready to take action from a place of clarity and confidence.

We bring charisma, connection, and depth—and we'll make sure your people walk away with both tools and a smile.



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# TESTIMONIALS



**Vanessa Norman**

Founder and CEO | Virtual Assistant Agency



## Client Testimonials

We've been working with Michelle and Diane from Those2Sisters over the past 12 months on a number of levels with one on one sessions for myself, half day workshops with our management team, and monthly hour of Power sessions with our entire team at our staff meetings.

I originally asked Diane and Michelle to work with our organization to assist with staff retention and to help uplift the culture within the team. We have, however gained so much more than that!

I can't thank Michelle and Diane enough for all the work they have done with our team.



**Andrew Middlin**

CEO | Formulae Albury



## Client Testimonials

Thanks for coming down to Albury and training our team here at Formulae. They really enjoyed the session - so much that they have asked to have you back!

They enjoyed getting to know their why for coming to work and particularly loved connecting with each other on a deeper level. I am keen to get you back to for some more training in the next month or two.



**Phoebe Dray**

Founder & CEO | Cashflow Pocket Rocket



## Client Testimonials

I attended the Energetics of Life and Business Retreats this year. Both were transformative and life changing.

From attending the retreats, my personal and business growth has catapulted to whole new levels. As I've personally grown working with Di and Michelle over the past 14 months, my income from my business has also reflected this change.



[Click here to watch](#)